

NAVIGATING TRANSITIONS DURING DISRUPTIVE CHANGE



WHEN

May 8– 9, 2025 - live online

Oct 30–31, 2025- in person

PRICE

\$4,700

WHERE

Live Online - Zoom

In Person - Cambridge, MA

EXECUTIVE CERTIFICATE TRACK

Management and Leadership

While most leaders recognize AI's impact on business operations, few truly understand its deeper implications for human skills, roles, and identities. Even fewer have developed systematic approaches for navigating these multi-layered transitions.

This unique learning experience is built around Hal Gregersen and Roger Lehman's Transitions Curve Framework. The course helps leaders develop a comprehensive understanding of how AI-driven change affects individuals and organizations at every level. Starting with practical skill transitions—what capabilities to let go of and what new ones to develop. You'll explore how changing skill sets reshape professional roles, and how evolving roles transform both professional and personal identities.

Throughout this journey, you'll learn to recognize and productively channel the emotional energy that accompanies such profound changes. By developing a clear sense of purpose and stronger inquiry skills, you'll build the resilience needed to navigate continuous technological disruption while helping others do the same.

Please visit our website for the most current information.

executive.mit.edu/nav

FACULTY



Hal Gregersen

TAKEAWAYS

Upon completing this course, you will:

- Understand how to apply a comprehensive transition framework that addresses skills, roles, identities, and emotions
- Master tools for managing your own transitions as a foundation for guiding others through rapid change
- Build capabilities for maintaining emotional resilience during continuous change
- Generate the capacity to help others navigate uncertainty without rushing to premature solutions when facing technological disruption
- Develop stronger AI-enhanced inquiry skills for tackling tough transitional challenges
- Design effective support systems for sustained success as AI-driven change continues to unfold
- Establish methods for strengthening human agency and the power of purpose in a rapidly changing world
- Learn how to recognize and proactively address the deeper implications of AI-driven change

WHO SHOULD ATTEND

This course has been developed for individuals who want to improve their ability to navigate the transitions that result from disruptive change and/or create an organizational culture that is able to support individuals and teams as they do so. This content is highly applicable to the new world of substantial systemic change and the impact it has on our roles in radically shifting organizational models. The course is especially relevant to senior leaders and professionals engaged in managing transitions.



Transitions are inevitable, in work and in life. Navigating them well is every leader's responsibility. Building on the Transition-Curve Framework (research and practice on adjustment, learning, emotional response curves, and more), this unique program will help you better manage uncertainty and successfully lead others through the behavioral, cognitive, and emotional arcs that accompany disruptive change.

—Hal Gregersen

CONTACT INFORMATION

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MIT012022

